

# Produce Show recipes and charity knitting

## Children's classes

The classes for children were not very clearly marked in the schedule. They are classes 3, 28, 44, 53, 54, 56, 57 and 58

## Dundee Cake

5 ozs/150g butter	6ozs/175g sultanas
5 ozs/150g caster sugar	2ozs/50g glace cherries, halved
3 eggs	2ozs/50g candied peel, chopped
8 ozs/225g plain flour	2 level teaspoons ground almonds
1 level teaspoon baking powder	grated rind of an orange and a lemon
6ozs/175g currants	2ozs/50g blanched almonds

Pre-heat oven to 170°C/325°F/Gas 3

Grease and line base of a 7 or 8 inch (18 or 20 cm) round cake tin. Beat butter and sugar. Whisk the eggs separately and add gradually. Fold in the flour and baking powder. Then fold in currants, sultanas, peel, ground almonds and grated rind. Spoon into prepared tin, spread out evenly arrange whole almonds in circles on top and bake for 2 – 2½ hours.

## Rock Cakes

8ozs/225g self raising flour	4ozs/100g mixed dried fruit
2 teaspoons baking powder	2ozs/50g currants
4ozs/100g soft margarine	1 egg
2ozs/50g granulated sugar	about a tablespoon of milk

Pre-heat oven to 200°C/400°F/Gas 6. Lightly grease 2 baking trays.

Measure the flour and baking powder into a large bowl, add the margarine and rub in with the fingertips until the mixture resembles fine breadcrumbs. Stir in the sugar and fruit. Add the egg and milk and mix to a stiff mixture. If dry, add a little more milk. Using 2 teaspoons, shape the mixture into about 12 rough mounds on the prepared baking trays. Bake in the pre-heated oven for about 15 minutes or until a pale golden brown at the edges. Cool on a wire rack.

## Charity knitting

Enter 2 knitted mini Christmas stockings for Harris HospiceCare to sell in their shop. You can use any pattern but 2 patterns are provided. Make as many as you like to help them raise funds.

Simpler pattern for knitted mini Christmas stockings

[http://www.jeangreenhowe.com/Images/Mini\\_Christmas\\_Sockings.pdf](http://www.jeangreenhowe.com/Images/Mini_Christmas_Sockings.pdf)

## Materials

Needles 3mm for double knitting or 2.75mm with cotton 4 ply.

## The basic pattern

Begin at lower edge of the stocking and cast on 24 stitches.

P 1 row

**Next row:** (K1, inc into next stitch) to end - 36 stitches.

Beginning with a P row, st-st 7 rows

## Shape top of foot.

1st row: K14 (K 2 tog) 4 times, K14 – 32 stitches

2<sup>nd</sup> and every following alternate row: P

3<sup>rd</sup> row: K12 (K 2 tog) 4 times, K12 – 28 stitches

5<sup>th</sup> row: K10 (K 2 tog) 4 times, K10 – 24 stitches

P 1 row

Beginning with a K row, st-st 12 rows

## Work the top border

Garner stitch 5 rows, cast off on the knit stitch.

## To make up

With P side of the stocking outside, join the row end with a back stitch seam, one knitted stitch within the row ends. Oversew along the cast on stitches. Turn right side out.



## Knitted mini Christmas stockings

Fairisle instructions for this pattern are available at

[www.stchristophers.org.uk/sites/default/files/fundraising/stocking%20pattern.pdf](http://www.stchristophers.org.uk/sites/default/files/fundraising/stocking%20pattern.pdf)

This stocking in knitted flat.

Work it on double pointed needles because during heel shaping you need to switch from working one side to the other. You can knit it on regular needles but slide the work across onto a second needle at appropriate time. Apart from the stocking top it is worked in stocking stitch (knit on right side and purl on reverse)

### Materials:

oddments of yarn. I prefer to knit these on 2.75 mm needles with pure cotton 4ply but the pattern will knit up with whatever you prefer. Note, obviously the larger the needle size and thicker the yarn, the larger the finished stocking. Before you start, decide which colour you are going to knit the heel in and cut a length at least 110cm (44") keep to one side for second heel shaping\*.

### Pattern:

Cast on 25 sts

rows 1 - 3: knit

row 4: (right side) begin pattern if using and work a total of 14 rows of pattern ending with a wrong side row.

### Heel shaping:

I like to use different coloured yarn to accentuate heel. The heel is worked in 2 halves.

row 18: with right side facing, k7 and turn leaving remaining stitches on needle

row 19: slip 1, p6

repeat these 2 rows 3 more times until 8 rows of heel have been worked

row 26: k3, k2tog through the back, k1, turn leaving 1 remaining stitch of heel on needle.

row 27: slip 1, p4

row 28: k2, k2tog through the back, turn leaving remaining 2 stitches on needle

row 29: slip 1, p2

row 30: k2, k2tog through the back, k1, turn

row 31: slip 1, p3

leaving these 4 stitches on needle with the main part of the stocking, slide all the work along needle,

turn with wrong side facing and resume working the other side of the heel.

reverse row 18: with wrong side facing and using 110cm length of yarn cut earlier\*, p7 and turn leaving remaining stitches on needle

reverse row 19: slip 1, k6

repeat these 2 rows 3 more times until 8 rows of heel have been worked

reverse row 26: p3, p2tog, p1, turn leaving 1 remaining stitch of heel on needle

reverse row 27: slip 1, k4

reverse row 28: p2, p2tog, turn leaving remaining 2 stitches on needle

reverse row 29: slip 1, k2

reverse row 30: p2, p2tog, p1, turn

reverse row 31: slip 1, k3

row 32: with right side facing rejoin main colour and begin knitting across first 4 stitches

of heel shaping, pick up 5 stitches from inside edge of heel, knit 11 stitches across main part of stocking, pick up 5 stitches from inside edge of 2nd heel half and knit final 4 stitches (29 stitches on needle).

row 33: purl

row 34: K8, k2tog, k9, k2tog through the back, k8

row 35: p7, p2tog through the back, p9, p2tog, p7

row 36: K6, k2tog, k9, k2tog through the back, k6 (23 stitches)

row 37: purl

work 8 rows

row 46: with right side facing change colour for toe cap (see photo step 5) and work 2 rows

row 48: K3, K2tog through the back, k4, k2tog, k1, k2tog through the back, k4, k2tog, k3

row 49: purl

row 50: K3, K2tog through the back, k2, k2tog, k1, k2tog through the back, k2, k2tog, k3 (15 stitches) (see photo step 6)

row 51: purl

### Making Up:

Cut work from the ball leaving a long end for sewing up. Thread end through 15 stitches on needle (see photo step 7) and pull up tight.

Join seam running up bottom and back of stocking using mattress stitch (see photo step 8).

Turn inside out and tie up all ends securely and trim - no need to sew them in. Turn right side out.

Hanging loop: cast on 35 stitches and then cast them off.

Double strip over to make a loop and sew to back of stocking.

Secure with a cute button.

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